



# WHAT TO BRING TO CAMP JANUS

- Pillow and blanket (twin size)
- Towels for swimming
- Soap, deodorant, shampoo
- Pajamas or night shirt
- Flashlight with batteries (optional for campers)
- Jacket or lightweight sweater
- Outfits to wear for the weekend (campers need at least 6 changes)
- Bathing suit(s)
- Socks and underwear (campers need at least 6 changes)
- Pairs of shoes (no open-toed or slides for campers),
- Hats, bathrobe, slippers
- Water shoes
- Optional items: Camera, notebook/journal, sunglasses)
- Prescription Medicines (parent must give all medications to Camp Volunteer or Representative at check in. On return, parent must pick up all medications from Camp Volunteer or representative)
- PLEASE LABEL EVERYTHING!



Camp Janus  
P.O. Box 301123  
Houston, Texas 77230  
[www.campjanus.org](http://www.campjanus.org)

Office: 713.206.3746  
Message Line: 713.247.3050  
Fax: 713.466.9992

## WHAT NOT TO BRING TO CAMP

- Money
- No knives, fireworks, drugs, cigarettes, alcohol, firearms, radios, or valuables that could be lost

## THINGS PROVIDED BY CAMP JANUS

- Bug Spray, Sunscreen and lotions
- Meals and snacks
- Water coolers and drink locations will be set up throughout camp
- Sheets, towels and washcloths